

# MOUNTAINS & MUSA VALLEY

A COAST TO COAST MOUNTAINS & RIVERS TREK

14 NIGHTS / 15 DAYS



Designed for experienced trekkers with a passion for discovering new and remote areas. The Mountains and Musa Valley Trek is beyond anything you have experienced before.

Home to an extraordinary array of vegetation and wildlife, the area has sustained indigenous people for thousands of years. Stunning scenery, pristine wilderness and the remoteness of the Papua New Guinean jungle. This is a hidden world of dense tropical rainforest, fast flowing rivers, rugged mountain ranges and savannah grasslands. Papua New Guinea is one of the world's last wild frontiers.

Your experience will take you from coast to coast, as we travel by bus from Port Moresby to the start of our trek, by foot for 11 days and by boat to finish our adventure at Oro Bay.

Getaway Trekking is the only operator offering this trek, and you will revel in this pristine environment, where few white people have been before you.

You will be captivated by the welcome you receive from these beautiful and gentle people, humbled by their hospitality and generosity, and awed by their traditional costumes, dancing and culture.

Mountains & Musa Valley is more than just a trek. This is an experience you will never forget.



**Getaway**  
Trekking & Adventures

*Unforgettable...*

**PNG**  
Papua New Guinea  
**HOLIDAYS**

## Day 1

### Port Moresby

Arrive in Port Moresby. You will be collected at the airport and transferred to our accommodation for the evening. We will hold a brief this afternoon, and you will have the opportunity to get to know your fellow adventurers over dinner. **Overnight: Port Moresby**

## Day 2

### Yanu Station (B,L,D)

Today will be your first taste of breaking new ground in PNG. After breakfast we meet our bus for the drive down the highway to Moreguina. On arrival, we will visit the Primary School and re-connect with our friends there who have shown us such hospitality in the past. Waving goodbye, we will climb aboard our bus and take the short drive to Yanu Station, at the very start of our track. **Overnight: Yanu Station**

## Day 3

### Uma River (B,L,D)

An early morning start sees us trekking along one of the many rivers in the foothills of the Owen Stanley Ranges. We pass by the impressive Gamgee Falls on the Aisa River. (NB: we have some history here.) We will set up our overnight camp on the banks of the Uma River, enjoying a relaxing swim before dining under the stars. What could be better? **Overnight: Bushcamp – Uma River**

## Day 4

### Nicosia Rover (B,L,D)

A varied day awaits us as we tackle some steep climbs over the Owen Stanleys before dropping to the Aisa River. Our track takes us along and through the river, and we can enjoy the beautiful serenity of this valley, leading us to the Nicosia River, where we will make camp for the night.

**Overnight: Bush Camp - Nicosia River**

## Day 5

### Mountain Garden (B,L,D)

Our trek continues along the Nicosia River as we again climb the Owen Stanley Range. The track becomes quite narrow in parts, and though the jungle around you is very beautiful, you will need to concentrate on your feet to ensure you arrive safely at camp tonight. **Overnight: Bushcamp – Mountain Garden**

## Day 6

### Domearu (B,L,D)

An early start and we climb well into the range this morning. We take a lunch break at the top of the range at 1450 mts ASL. After lunch we make our descent down to the scenic and yet devastated Ukuma River, which we cross some 64 times throughout the day! We make our way downstream to the beautiful village of Domearu, for a well earned break in a wonderful guest house. This river in particular, was hit by the torrential rains of cyclone Guba in November 2007 **Overnight: Domearu**

## Day 7

### Jari (B,L,D)

We must start very early today as we will complete 20 kms over 9 hours of hard trekking. We are predominantly in the rivers now, having crossed the Owen Stanley Range, but still need to stay focused as there are many obstacles to overcome.

We stay in the village of Jari, another wonderful village that has not seen *taubadas* (white men) for some time. We are now roughly half way through the trekking side of the tour. **Overnight: Jari**

## Day 8

### Babira 2 (B,L,D)

A welcome rest day— after the last few days of very hard work, today is a short 2 hour trek. We will start early though, as we are mostly in full sun, and trekking through kunai and savannah grass. You will love the hospitality you receive at your village for tonight. **Overnight: Babira2**

## Day 9

### Yauri (B,L,D)

A second easy day will have you fully re-charged, as we take an easy pace on our walk through to Yauri. A 2.5 hour walk will take us into this lovely village and our welcoming guesthouse accommodation.

Yauri is on the banks of the Awara River and we can soak away any aches with a refreshing swim. **Overnight: Yauri**

## Day 10

### Safia (B,L,D)

An early start before the dawn provides the beauty of another day unfolding before our eyes. Cool breezes, mountain mist and landscape outlines give way to the colors of morning as we continue our trek through Savannah grasslands.

Tonight we will experience one of the best welcomes on the track. **Overnight: Safia**

## Day 11

### Naora (B,L,D)

More Savannah grassland greets us today, enroute to more river crossings as we make our way further along the track. Everywhere you will find beauty in this pristine environment and by now you will have fallen in love with the gentleness and authenticity of its people.

Our village has a nearby river, so a refreshing bath is definitely on the menu tonight! **Overnight: Naora**

## Day 12

### Embessa (B,L,D)

Today we complete the walking section of our adventure as we arrive at the large village of Embessa in the morning for a wonderful traditional welcome.

One of the larger villages we visit, Embessa has a population of around 900, and is on the Musa River. Enjoy your swim this afternoon, but don't get swept away – this river has a mighty current!

An afternoon of rest, or getting into the local culture - as there will be plenty of that in this remotest of villages. **Overnight: Embessa**

## Day 13

### Foru Island (B,L,D)

We board our boat for the voyage down the Musa River. By nightfall we reach Foru Island at the mouth of the Musa as it enters the sea. We spend the night in huts on stilts by the riverside, listening to the ocean in the distance, ensuring we are careful to avoid the crocs. The sunsets here can be magnificent. At this point, we have learned to *expect the unexpected!* **Overnight: Foru Island**

## Day 14

### Oro Bay & Port Moresby (B)

Arise well before sunrise for our boat ride from the mouth of the mighty Musa River across the Solomon Sea to Oro Bay.

From there, we make our way to Popondetta (POP) on a PMV, then to Girua airport for the short flight to Port Moresby, where once again we sleep in a real bed in our comfortable hotel.

Look back on your day and consider the reality of your journey from the Musa River to Moresby – all in a day! **Overnight: Port Moresby**

## Day 15

### Tour ends (B)

After breakfast, transfer to the airport for your onward journey.



# TREK DETAILS

## INCLUSIONS

### Port Moresby:

- Twin share accommodation (single supplements available)
- All meals

### Mountains & Musa Valley Trek Experience:

- Australian Tour Leader
- National Trek Master & Trek Leader
- Personal carrier (normal cost \$750)
- Domestic Flights (PNG)
- Guest house accommodation on track
- All village tariffs
- Carriers for food and equipment
- All meals on track
- Detailed Risk Management Plan including river crossing protocols.
- Proven group management with responsible ecological practices
- Village cultural activities
- Emergency equipment including VHF Radios and Satellite Phone
- Bus/PMV transport in PNG
- Boat transfer Foru Island / Oro Bay with qualified boat operator and boat boy
- All food, accommodation & services for carriers
- Free Getaway Trekking walking Shirt
- Drink bottle
- Opportunity to join regular training sessions
- **Public Liability Insurance**

## EXCLUSIONS

- International and Australian domestic airfares
- Passport & Visa costs
- Travel insurance
- Vaccinations and anti-malarial medicines
- Alcohol

## Cost

Land component: \$4,995 - 15 Day fully escorted tour  
**\$ 100 – Single Supplement**

## The Fine Print

A non-refundable deposit of \$500 is required to secure a booking. The remaining monies are payable 60 days prior to departure.

A medical certificate is required from your doctor no more than 30 days from departure, stating that you have no medical condition that could endanger your life on the this trek.

Travel Insurance is mandatory.

Participation in this trek is by application, and we reserve the right to withhold approval, depending on fitness and experience.

Training is necessary. This trek is challenging and you will require a high level of fitness. For appropriate trekkers, we can offer support in this area. Please contact us for details\_

**Departures: 25 June - 9 July 2012**  
**30 July - 13 August 2012**

## Enquiries & Bookings

**Email:** [andrew@pngolidays.com.au](mailto:andrew@pngolidays.com.au)

**Toll free:** 1300 368 855

**Phone:** (07) 4080 4080

**Fax:** (07) 4031 7222

**PNG**  
Papua New Guinea  
**HOLIDAYS**

**Getaway**  
Trekking & Adventures

*Unforgettable...*